

## STAYING PUT IN NEW CANAAN

was established in 2008 and has been a pioneer in the *aging in place* movement, empowering seniors to remain active, safe, and independent at home and in the community they love. Our initiatives promote healthy aging through social engagement, continuing education, and practical services.

Staying Put is supported by a caring, professional staff and a network of local volunteers that provide highly personalized assistance to our members. Additionally, we collaborate with local organizations and resources to maximize member services and opportunities.

Open to all New Canaan residents, Staying Put is an inclusive and welcoming organization.

*“I encourage every senior to join Staying Put because it is true: there’s no place like home.”*



## OUR MISSION

Helping older New Canaan residents live confidently at home and stay engaged in the community by providing practical services and social connections.



## JOIN VOLUNTEER SUPPORT



**STAYING PUT**  
*in NEW CANAAN*



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Staying Put in New Canaan is a member-based, volunteer-supported, 501(c)3 nonprofit organization.

- ▼ **STAY** *Connected*
- ▼ **STAY** *Lively*
- ▼ **STAY** *Healthy*
- ▼ **STAY** *in Charge*
- ▼ **STAY** *Put!*

# JOIN

GET THE SUPPORT YOU NEED TO STAY AT HOME –  
RIGHT WHERE YOU WANT TO BE.

## SOCIAL NETWORK

Staying Put members can choose from hundreds of different social events, educational programs, and cultural activities that are engaging and entertaining, helping to maintain old friendships and build new ones.

Our monthly newsletter informs members of all the goings on at Staying Put and around town.

## PRACTICAL BENEFITS

Staying Put members can get assistance that makes living at home easier:

- Rides wherever you want to go within New Canaan and to local towns
- Grocery shopping, pharmacy pick up, and other helpful errands
- One-on-one assistance to troubleshoot technology issues at home
- Odd jobs such as moving heavy objects and changing light bulbs
- Referrals to service professionals for peace of mind
- Social calls and visits
- Education, advice and referrals for healthy aging
- Warm, personalized service and assistance whenever needed

*“The best decision I made since moving to New Canaan was joining Staying Put!”*

# VOLUNTEER

BE PART OF A TOWN-WIDE EFFORT,  
ACROSS ALL AGES.

## NEIGHBORS HELPING NEIGHBORS

Volunteers provide many of our most frequently requested services. It’s a flexible and rewarding experience that significantly impacts the quality of life for New Canaan residents. Volunteers can choose to assist whenever convenient — whether that’s a few times a month or a few times a week.



*“I love helping seniors, it’s one of the most gratifying things I do.”*

We are always looking for volunteers to drive members to appointments, help with technology issues, visit and call members, grocery shop, run errands, do home fix-its, or help in our office.

Our volunteers sustain Staying Put, allowing us to be a reliable resource for members now, and in the future.

# SUPPORT

KEEP YOUR NEIGHBORS AT HOME AND  
CONNECTED TO OUR VIBRANT COMMUNITY.

*“Staying Put is a friendly, welcoming place to be a part of as a senior living in New Canaan.”*



## HELP YOUR COMMUNITY

The majority of Staying Put’s funding comes from the New Canaan community, and we are grateful to our donors whose gifts directly support services that help seniors stay put — and stay connected.

Please consider a gift of any size and help keep New Canaan a place for all ages.

