

Staying inTouch

Fall 2016

Staying Put  New Canaan

NCHS Rams football players team up with Staying Put

“Yea! Go Rams!”

That’s what we all cheered when we heard that the New Canaan High School Rams football team had chosen *Staying Put* as their philanthropy for the 2016 season.

It started with a three-generation brainstorm with **Amy Freyre**, daughter of Member **Pris Thomas**, whose son **James** is a Co-Captain. She suggested it to **Coach Lou Marinelli** who enthusiastically endorsed the partnership.

The big celebration event is “Seniors’ Night at the Game” on Friday, Oct. 21 when the Rams play Greenwich. All town seniors get free admission and special seating in the stadium. A new video montage about *Staying Put* will be featured at half time.

On Sunday, Oct. 23 Rams will put their muscles to work helping members get ready for winter by

putting away summer furniture and garden hoses or carrying winter clothing from attic or basement storage.

The partnership started in September when Coach Marinelli gave a colorful overview of the season for members at the New Canaan Inn. The team also helped out with a Toxic Waste Drop-off Day picking up items and making dump runs.



Director **Barb Achenbaum** was a chance to share fun and favorite dishes for **Betsey Doyle**, **George Brakeley**, **Tamara Kaspar**, and 43 other members and guests.

Our year-at-a-glance

This year *Staying Put* responded to **5292** calls to give our **275** members help, support, and answers. This included **4095** rides door-to-door, **344** home maintenance and technical help, **206** in-home visits, **171** health & safety advice, **165** Care Connections outreach efforts, **203** errands, and **108** referrals to service providers offering discounts. We also organized **77** events and outings with a total of **1395** attendees.



Football Rams **James Freyre**, **Teddy Hood**, and **Tommy Root** help Member **Teresa Tarnowski** move boxes. The team has committed to helping more of our members this fall.

Let's make a date!

Dinner at Zody's 19th Hole

Tues., Oct. 18, 6 pm

Join your friends for a casual dinner and view the autumn colors over the golf course. Carpooling available. \$30. RSVP

Men's Coffee at The Inn

Third Wednesday every month at 9:30 am
Oct. 19, Nov. 16, Dec. 21

Lunch and Learn: "History of the Derivations of the Gospels" **Wed., Oct. 19, 12 noon**

Religious scholar and Member, **Bill Malone** will explain how the different Gospels came to be. *Staying Put* Office. Free. RSVP

Seniors' Night at New Canaan High School Football Game. **Fri., Oct. 21, 7 pm**

New Canaan Rams vs. Greenwich Cardinals! Special half-time video featuring *Staying Put*. Dunning Field. Free for seniors. RSVP

Rams Helpers

Sat. and Sun., Oct. 22 and 23 Rams Football players will help you get your home ready for winter. Call *Staying Put* to reserve some muscle!

Boo! Halloween Luncheon!

Tues., Oct. 25, 12 noon

Ghou-licious lunch at Members **Lois** and **Dick Sandberg's** home. Limited space. Free. RSVP

Lunch and Learn: "What Your Doctor Won't Tell You About Aging" **Fri., Oct 28, 1 pm**

Dr. Mark Lachs, Co-Chief of Geriatrics/Palliative Care at NY Presbyterian Hospital, author of "Treat Me, Not My Age." A humorous and informative presentation. Lapham Center. Free. RSVP

Lunch and Learn: "Health is at Your Fingertips: Reflexology Review"

Tues., Nov. 1, 12 noon

Julie Pryor of Priority Wellness will demonstrate this ancient healing method. Halo Studios. A spa lunch will be provided. Free. RSVP

Daylight Savings Time ends

Sun., Nov. 6 Turn your clocks back one hour when you go to bed on Saturday night.

Election Day

Tues., Nov. 8 Polls are open from 6 am to 8 pm. Call *Staying Put* for a ride.

"When you give a ride to a member, it's a social event for the driver and the rider." **Volunteer T.F.**

"Being Mortal: Medicine and What Matters in the End" **Wed., Nov. 16, 12:30 pm**

Documentary film based on the bestselling book by **Atul Gawande, MD**, followed by Q&A with **Donna Simone** and **Kathy Collins**. Lapham Center. Refreshments. Public invited. Free. RSVP

Dinner at Trips' Restaurant

Tues., Nov. 15, 6 pm

Enjoy a traditional Italian meal at this popular Hope Street spot. \$35. RSVP

Mitten Tree at the Office

Thurs., Dec. 1, 12 noon

Stop by for a pizza lunch and hang mittens, hats or scarves on our holiday tree. Items will be donated to the Vine Cottage winter clothing drive.

New Canaan Artisans Fall Boutique

Fri., Dec. 2, 9 am to 2 pm

Exceptional handicrafts for home or holiday gifts. St. Mark's Morrill Hall. Rides available. Free and open to the public.

Holiday Tea honoring *Staying Put* Volunteers

Thurs., Dec. 8, 2 pm

A festive celebration of our dedicated Volunteers at the home of **Lyn** and **Beecher Chivvis**. Live music and refreshments. Free. RSVP

Holiday Luncheon at Judy Bentley's

Thurs., Dec. 15, 12 noon Enjoy delicious holiday fare under the famous Frog Tree!

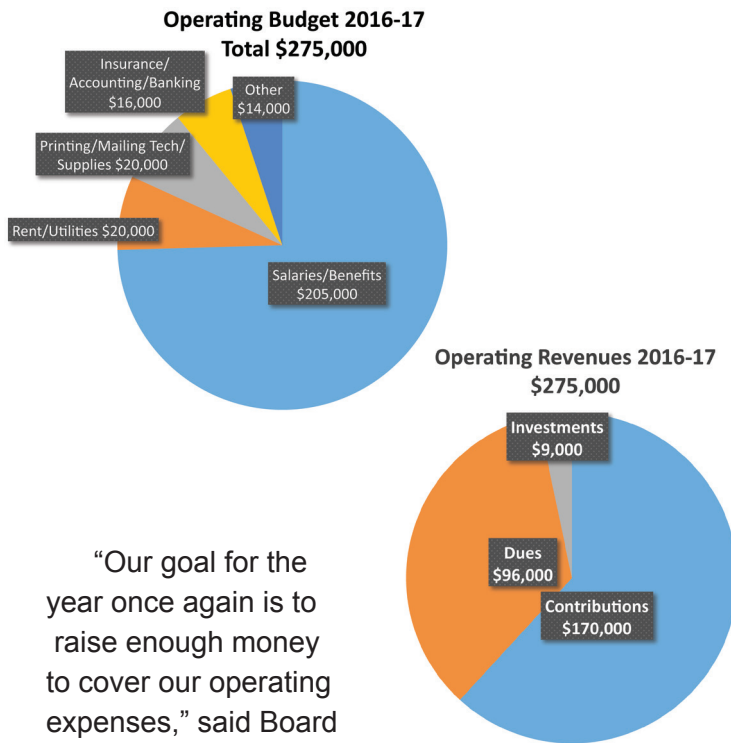
Save the date!

Sun., Jan. 8, 2-4 pm. 9th Birthday Party.
With Magician Ryan Oakes

Your contributions at work

Expenses in 2016-17 are projected to be \$275,000, mainly for salaries and benefits. Membership dues are projected to be \$96,000, which covers only 40% of our expenses. The difference is covered mainly by the generosity of our supporters.

These charts illustrate expenses/revenues:



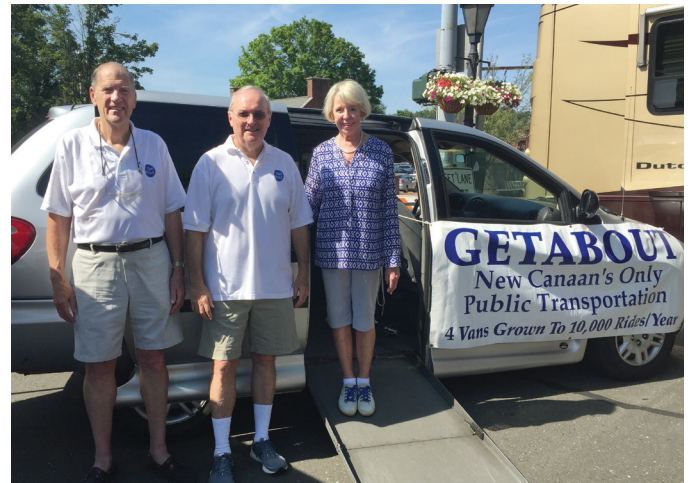
“Our goal for the year once again is to raise enough money to cover our operating expenses,” said Board President **Judy Bentley**.

“Since dues cover less than 40% of our expenses, our goal is to raise the balance through fundraising and investment income.”

Donor generosity over the years has enabled us to build a long-term fund of about \$1 million, half of which is invested with the New Canaan Community Foundation. This fund is very important because it allows us to invest in new programs and services and to ensure that we will be able to support members well into the future.

Our members recommend

Many volunteers who help out at our welcome desk rave about the Swedish bestseller *A Man Called Ove* by Fredrik Backman. It's a delightfully quirky novel about a grumpy yet lovable “senior” who finds his solitary world turned on its head when a boisterous young family moves in next door.



Partners and prizes!



Once again Staying Put partnered with the GetAbout to raise awareness of both organizations at the annual Sidewalk Sale. Above is Board President **Judy Bentley** with GetAbout Board Members **Harvey Place** and **Mike Glazer**. Left are **Kelly Toscano** and her daughter. They won both our adult and children's raffle prizes.



Volunteer **Cathy Irwin** (right) shows Member **Jeannie Hart** how to log on to our Staying Put website to keep up to date with our news and activities. Volunteers are ready to help you, in the office or your own home. Just give us a call!

“Your lovely home was just the tonic needed to lift our spirits – great food, good folks and I made three new friends. What could be better than that?”

Member L.D.

Thanks to contributors for this issue: **Cathy Irwin**, **Janecke Madsen**, and ace photographer **Cathy Fitzpatrick**.

"Tell us more stories!"

The following stories by New Canaan High School 2016 graduates **Jake Donaldson**, writer, and **Hannah Fox**, photographer, were originated during a 4-week internship with us. Look for more stories in future newsletters as well as on our website www.stayingputnc.org.

A real New Canaan original



Jim Bach may be the only New Canaanite who can claim that he was born at CVS Pharmacy and grew up in the St. Aloysius Church parking lot. Of course, his birthplace was the Bach family home

back in 1929, which stood where CVS is today. The St. A's parking lot is the site of the iconic Melba Inn, which Jim's family ran for more than 70 years.

A third generation New Canaan Bach, Jim attended Columbia University, served in the Korean War, lived in New York, and worked on Wall Street for 40 years before retiring here with his wife, Vona. He quickly became one of New Canaan's leading historians. His lectures at the Historical Society draw crowds of all ages with topics ranging from why local maps look the way they do to profiles of Revolutionary War heroes and spies. A favorite talk is about what New Canaan looked like in 1890 when it was a sleepy farming community of 2,700 souls.

"People drove their wagons on dirt roads and pigs roamed freely over God's Acre," says Jim.

He especially loves to recount his high school days. "There were sixty people in my 1947 graduating class and a choice of only three sports," he says. But some traditions have carried through the years, he says noting, "The unending rivalry between New Canaan and Darien, which dates back to before World War II."

Staying in Touch is published by *Staying Put in New Canaan*, a private, nonprofit corporation to help New Canaan residents live full lives in their own homes as they grow older. Editor Lois Sandberg.

She was the girl on the bike!

Detroit native **Pat Stoddard's** most powerful memory of World War II was the spring when gas was rationed and they rode bicycles. "It was a very simple time," says Pat. "We rode to the beach in the morning and to the movies at night." Pat came East to graduate from Cornell University with a degree in English and Philosophy. A pioneer of the time, she landed a research job at Time, Inc. where she was a fact checker. "The boys got to write the stories and the girls got to check their factual accuracy," says Pat.



Pat and her co-worker husband, Hud, then moved to New Canaan where they raised their three children and Pat made a career switch, earning a Master's in Teaching and spending 11 years as both an English teacher and Assistant Dean at the New Canaan Country School.

"I then decided to quit teaching before I got too cranky," says Pat. She returned to the business world and worked for 16 years at Champion International Corporation, a paper company, where the "girl" finally got the chance to write the stories, serving as Assistant and Chief Writer for the chairman.

After hanging up her hat as an executive, Pat joined the New Canaan Sculpture Group where she works in paper mache and wire. "My favorite sculpture is of a joyful girl on a bike with her legs stretched out over the wheels," says Pat.

Staying Put Holiday Hours

The office will be closed for Thanksgiving on Nov. 24 - 25 and for the holidays from Fri., Dec 23 - Fri., Dec. 30. Rides will be provided according to volunteer availability. If you have requests for that week, please contact the office before Wed, Dec. 21.