

Do You Need A Hearing Test?

The following questions will help you determine if you need to have your hearing tested by a health professional. Answer Yes or No.

 Y N

1. Do you sometimes feel embarrassed when you meet new people because you struggle to hear?

2. Do you feel frustrated when talking to members of your family because you have difficulty hearing them?

3. Do you sometimes feel people are not speaking clearly (mumbling)?

4. Do you feel restricted or limited by a hearing problem?

5. Do you have difficulty understanding people in meetings or groups?

6. Do you have trouble hearing in church, the movies or in the theater?

7. Do you have difficulty hearing other people in restaurants or at parties?

8. Do you have trouble hearing the TV or radio at levels that are loud enough for others?

9. Do you avoid certain situations because you won't be able to hear well?

10. Have other people told you that you don't hear well?

If you answered yes to three or more of these questions, you may want to see an otolaryngologist or an audiologist for a hearing evaluation.

Source: U.S. Department of Health and Human Services

To learn more please visit: www.nidcd.nih.gov/hearing